



## EAL Self-Study Resources

The most effective way of developing your English language skills is by listening to a range of audio and audio-visual texts and completing regular writing and grammar practice. Listening to content from various news and current affairs programs also develops your skills in analysing persuasive language (which you will need to do in years 10-12). Aim to watch or listen to **audio-visual or audio texts** for **at least 15 minutes every day**. You could do this on your way to and from school. When viewing an audio-visual text on television or online you may like to turn the subtitles (or closed captions) on (in English of course). Perhaps try this on your first viewing, then turn them off for the second viewing. You can even pause to take notes.

The **remaining 30 minutes (for a total of 45-60 minutes of self-study per day)** should be spent focusing on **writing and/or reading**. You could write in your journal, write a reflection on the novel you've been reading, or even write a review. Reading should be done at a time when you are relaxed but not tired. Reading the newspaper, magazines or novels can also be a great way to practice your pronunciation by reading aloud from these texts. You can also practice grammar points you find challenging or anything else that you enjoy.

Here are some links as suggestions to get you started.

### EAL Websites

The following websites are designed to assist EAL students to develop their listening comprehension and grammar skills.

Randall's ESL Cyber Listening Lab	<a href="http://www.esl-lab.com">www.esl-lab.com</a>
ESOL Courses	<a href="http://www.esolcourses.com/content/topicsmenu/listening.html">www.esolcourses.com/content/topicsmenu/listening.html</a>
Talk English	<a href="http://www.talkenglish.com/lsitening/lusenadvanced.aspx">www.talkenglish.com/lsitening/lusenadvanced.aspx</a>
English Club	<a href="https://www.englishclub.com/listening/">https://www.englishclub.com/listening/</a>
5 Minute English	<a href="http://www.5minuteenglish.com/listening.htm">www.5minuteenglish.com/listening.htm</a>
ABC Learn English	<a href="http://www.abc.net.au/education/learn-english/">http://www.abc.net.au/education/learn-english/</a>
Englisch-Hiflen.de (Grammar, Vocabulary, Exercises, Tests, Games)	<a href="https://www.englisch-hilfen.de/en/">https://www.englisch-hilfen.de/en/</a>
EnglishGrammar.org	<a href="https://www.englishgrammar.org/">https://www.englishgrammar.org/</a>
English Club	<a href="https://www.englishclub.com/grammar/">https://www.englishclub.com/grammar/</a>
English Teacher Melanie Blog	<a href="http://www.englishteachermelanie.com/category/grammar/">http://www.englishteachermelanie.com/category/grammar/</a>
Grammarly Handbook	<a href="https://www.grammarly.com/blog/category/handbook/">https://www.grammarly.com/blog/category/handbook/</a>
Kaplan International Learning English Blog	<a href="https://www.kaplaninternational.com/blog/category/learn-english">https://www.kaplaninternational.com/blog/category/learn-english</a>

### Online audio-visual texts

Ted Talks	<a href="http://www.ted.com">www.ted.com</a>
National Museum of Australia's 'Audio on Demand'	<a href="http://www.nma.gov.au/audio">www.nma.gov.au/audio</a>
The Moth	<a href="http://www.themoth.org">www.themoth.org</a>

### Radio and Television News Broadcasts

Behind the News	<a href="http://www.abc.net.au/btn/">http://www.abc.net.au/btn/</a>
7:30 Report (ABC)	Channel 2 7:30pm (Mon-Thurs)
Nightly news	Channels 7 and 9 are at 6pm



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	Channel 10 is at 5pm Channel 2 (ABC) is at 7pm Channel 30 (SBS) is at 6:30pm 24 Hour News is on Channels 24 and 32
Q&A	Channel 2 on Mondays at 9:30pm
Insight	Channel 30 on Tuesdays at 8:30pm and Wednesdays at 3:30pm
ABC Radio National	AM 621 <a href="http://www.abc.net.au/radionational/">http://www.abc.net.au/radionational/</a>
ABC News Radio	AM 1026

All television and radio stations have Apps which you can download from the App Store and then listen to on your mobile phone. You can also listen/stream radio and television online through your laptop. This way if you miss a program you can watch it 'on demand'. If you have a 'smart TV' you can also do this on your television.

### Podcasts for Learning English (available from the i-Tunes store)

EnglishClass101 by Innovative Language	<i>There's something for everyone here, in a podcast series for all experience levels. You can choose from four levels of learning to match your needs – absolute beginner, beginner, intermediate and advanced. The podcasts are presented by hosts who also act out different scenes. Once a scene has been performed it is repeated at a much slower speed.</i>
The English We Speak	<i>Produced by the BBC (British Broadcasting Corporation,) this English language learning podcast series focuses on everyday phrases and slang. What you will hear is the kind of English spoken by real people all the time and will help you to speak more like a native speaker.</i>
English.com	<i>A comprehensive English language learning podcast series with programs for beginners, intermediates and upper intermediates</i>
Elementary Podcasts by the British Council	<i>A very helpful series of English language podcasts for the beginner and intermediate learner. Each podcast last for approx. 25 minutes.</i>
Splendid Speaking	<i>Each lesson features interviews and discussions with non-native English language speakers. The recordings also include expert feedback about their performances.</i>
Better at English	<i>An eclectic mix of English language podcasts featuring real conversations with native speakers.</i>
Culips ESL Podcast	<i>During each episode, the host focuses on vocabulary, expressions, idioms and slang. These are intelligent, practical and well put together podcasts. They are all conducted in English and most of time this is spoken at slightly less than normal speed.</i>
ESL Pod	<i>The host for the ESL podcast is Dr. Jeff McQuillan and the other voice you will often hear belongs to Dr. Lucy Tse. Both have PhDs in applied linguistics. The core of each podcast is an acted-out dialogue between two characters. The rest of the episode then concentrates on key words and their uses and meanings. The English is spoken at about half normal speed and is therefore, quite easy to follow. Each podcast is accompanied by a learning guide.</i>